# **FEBRUARY 2023**

North Bolivar Consolidated School District Lunch Menu – 9th thru 12th **Child Nutrition Department** 

#### MONDAY

Chicken Strips

Mashed Potatoes & Gravy

California Mixed Vegetables

Buttered Sweet Rolls (WG)

Assorted Chilled Fruit

Fresh Apples

Assorted Fruit Juice

Variety Milk

Variety Dipping Sauce
Variety of Salad Dressings

Chef Salad Salad

W/Saltine Crackers

Corn Bread

Southern Beef Lasagna 1

Tuna Salad Salad w/Crad

#### **TUESDAY**

#### WEDNESDAY

#### **THURSDAY**

#### FRIDAY

## 3

\*Low-fat Milk \*Chocolate Milk Strawberry Milk \*Vanilla Fat-Free Milk \* Lactose-free Milk \*Soy Milk

Offered Daily

Offered Daily Chef. Tuna or Chicken Salad Chicken Fajita Salad

All menus are subject to change.



"In accordance with Federal Law and U.S. Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability"

> What Maker a Lunch Select 3-5 Components

> > One must be a

AND/OR

This Institution is an Equal

Opportunity Provider.

Today's Special Selections Chosen **Especially** For You By

Our Cooks & Managers

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Vegetable Beef Soup

& Sandwich Combo

Tuna Salad Salad WG Crackers

Macaroni & Cheese

Carrots W/Ranch Dip

Garden Salad w/Dressing

Fresh Orange or Fresh Apple

Diced Peaches

Assorted Fruit Juices

Variety of Low Fat Milk

Today's Special **Selections Chosen Especially** For You By **Our Cooks & Managers** 

Buffalo Hot Wings Chef Salad W/Cracker Potato Wedges Corn on The Cob/Sweet Peas Sweet Buttered Roll WG

Fresh Grapes and Strawberries Assorted Fruit Juice Variety Milk Ketchup Variety Dipping Sauce Chocolate Chip Cookies

"Winter Break"

Today's Special **Selections Chosen Especially** For You By Our Cooks & Managers

Chicken Tetrazzini

Chef Salad

Criss Cut Sweet Potatoes

Saltine Crackers

Sweet Peas

Enriched Sweet Roll

Tropical Fruit

Fresh Apples

Variety of Low Fat Milk

Chocolate Chip Cookie

Lemon Pepper Chicken Tuna Salad Salad W/Crac Cabbage Greens, Pinto Beans **Baked Sweet Potato** Carrots W/Ranch Dip Corn Bread (WG) Fresh Pear **Diced Peaches** Assorted Fruit Juice Variety Milk Oatmeal Cookie

Turkey Roast w/Gravy

Rice W/Gravv

Mixed Vegetables

Assorted Fresh Fruit

**Buttered Rolls** 

**Assorted Cookies** 

Variety of Milk

Barbecue Chicken

Broccoli & Cheese

Corn-On-The-Cob

Lima Beans

Corn Bread

Fresh Oranges . Bananas

Assorted Fruit Juice

Variety Milk

Hot Sauce

Variety Salad Dressings

Tuna Salad Salad W/Crad

BBQ Rib Sandwich on Hoagie Chef Salad W/Crackers Baked Beans W/Spice Blend Cheesy Broccoli Creamy Coleslaw Carrots W/Ranch Dip Fresh Pears, Sliced Peaches Assorted Fruit Juice Variety Milk Ketchup and Salad Dressings

Chocolate Brownie

All Schools Are Closed.

Mashed Potatoes W/Gravy Tuna Salad Salad W/Crackers

> Bacon Cheeseburgers 23 W/Trimmings Grilled Chicken Salad W/Crackers Crinkle Fries Baby Carrots W/Ranch Dip Fresh Apples/Fresh Bananas Assorted Fruit Juice Variety Milk Ketchup, Mustard, Mayo **Chocolate Cookies**

BBQ Pulled Pork Sandwich on Hoagie or Buns Chef Salad W/Crackers BBQ Baked Beans, Coleslaw Assorted Fresh Fruit, Sliced Peaches Assorted Fruit Freeze Variety of Milk Ketchup Variety Salad Dressings **Oatmeal Cookie** 

Pinto Beans Yam Patty Baby Carrots W/Dressing Fresh Apples or Bananas Low Fat Milk

**Presidents Day** 

All Schools Are Closed.

Spicy Chicken Sandwich Lettuce, Tomato & Pickles Tuna Salad Salad W/Crackers Potatoe Wedges Corn On The Cob Fresh Fruit Assorted Fruit Freeze Ketchup, Mustard, Mayo, Variety Milk Chocolate Chip Cookies

Hamburger Steak W/Gravy Tuna Salad Salad W/Crac **Buttered Rice** Sweet Potato Pattie Green Beans Sweet Rolls Fresh Apples Chilled Sliced Peaches Assorted Fruit Juice Variety Milk Variety Salad Dressings

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### Did you know?

February has been Black History Month for over 40 years.